



# Job Description

(For Positions in CAW Local 555, Unit 1)

*Job descriptions do not include every duty that an individual in a position performs. They are intended to be representative and characteristic of the duties required and the level of work performed. Depending upon the size of the department or unit and its functional activities, incumbents who fall into this category may perform all of the duties listed below or, in the case of large departments or units, may be assigned to designated specialized functions.*

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JD #:	<b>JD00365</b>	Pay Grade:	<b>10</b>
JD Title:	<b>Athletic Therapist</b>	JD FTE Hours:	<b>35</b>
Job Family:	<b>Healthcare</b>		

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## General Description

Responsible for the overall health and welfare of student and recreational athletes with a particular emphasis on first-aid and the prevention, treatment and rehabilitation of injuries, and the provision of emergency, on-field and clinical care of musculoskeletal injuries. Requires a thorough knowledge of medial care and therapeutic techniques.

## Representative Duties & Responsibilities

- Interview patients and conduct physical examinations.
- Recognize, assess, manage, and rehabilitate musculoskeletal injuries.
- Initiate, design, and implement specialized therapy programs.
- Observe and analyze patients during treatment sessions.
- Use physical therapy techniques and therapeutic modalities to recondition musculoskeletal injuries.
- Refer injured patients to the appropriate specialized medical personnel as required.
- Consult with medical professionals on patients' progress and treatment plans.
- Provide basic emergency life support and first-aid as required.
- Create, update, and maintain electronic and hard copy patient charts, injury, and treatment records.
- Gather and compile information required to write, update and maintain a variety of documents.
- Develop and deliver presentations and information seminars to student athletes.
- Advise patients on appropriate exercise and rehabilitation programs.
- Provide recommendations regarding the selection and fitting of equipment.
- Assist with the fitting of standard and custom sport injury braces.
- Act as a liaison between student athletes and coaches.
- Exchange technical and medical information with colleagues, athletes, and coaches.
- Consult with coaches regarding problems of physical conditioning to prevent injury occurrence.
- Respond to inquiries from a variety of individuals such as student athletes, patients, and coaches.
- Train temporary and casual employees in first-aid and preventative strapping and taping techniques.
- Plan and coordinate the scheduling of student field therapists for coverage at required games and practices.
- Monitor inventory and order supplies as required.
- Remain current with frequent advances in medical care and therapeutic techniques.

## Supervision

- Ensure adherence to quality standards and procedures for short-term staff and volunteers.

## Qualifications

- Bachelor's degree in Athletic Therapy or related field.
- Certified Athletic Therapist.
- Requires a minimum of 3 years of relevant experience.

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## Effort

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### Physical Effort:

- A typical work day occasionally requires low physical effort for activities such as:
  - Intermittent periods of keyboarding to update and maintain patient records.
- A typical work day consists of up to 2 hours of moderate physical effort for activities such as:
  - Working in awkward or constrained physical positions while conducting treatments.
  - Standing to conduct treatments and assess injuries.
- A typical work day consists of greater than 3.5 hours of high physical effort for activities such as:
  - Performing repeated manual therapy techniques on patients.

### Mental Effort:

- A typical work day occasionally requires routine mental effort for activities such as:
  - Collecting routine information and word processing documents such as reports and forms.
- A typical work day consists of up to 2 hours of moderate mental effort for activities such as:
  - Delivering presentations and information seminars to student athletes.
  - Advising patients on appropriate exercise and rehabilitation programs.
  - Providing recommendations regarding the selection and fitting of equipment.
  - Acting as a liaison between student athletes and coaches.
  - Exchanging technical and medical information with colleagues, athletes, and coaches.
- A typical work day consists of greater than 3.5 hours of high mental effort for activities such as:
  - Interviewing patients and conducting physical examinations.
  - Recognizing, assessing, managing, and rehabilitating musculoskeletal injuries.
  - Initiating, designing, and implementing specialized therapy programs.

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## Working Conditions

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### Physical Environment:

- Occasionally required to work outside when providing medical coverage for athletic events and activities.
- Occasionally exposed to unpleasant odours including but not limited to bodily waste.
- Occasionally exposed to biological substances such as infected wounds and blood.

### Psychological Environment:

- Occasionally interacts with patients who may be rude or upset.
- Occasionally provides treatment to individuals who are suffering.
- Frequently deals with simultaneous requests and unpredictable interruptions.

### Health & Safety:

- Performing repetitive movements when conducting therapy treatment on patients.
- Lifting and moving awkward and heavy objects.
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# Job Description Rating Sheet

(For Positions in CAW Local 555, Unit 1)

JD #:	<b>JD00365</b>	Pay Grade:	<b>10</b>
JD Title:	<b>Athletic Therapist</b>	Total Points:	<b>652</b>
Job Family:	<b>Healthcare</b>		

Factor	Subfactor	Level Rating	Points
<b>Skill</b>	1. Applied Reasoning and Analytical Skills	<b>5.0</b>	105
	2. Breadth of Knowledge	<b>2.0</b>	13
	3. Adaptation to Change/Updating of Learning	<b>2.5</b>	17
	4. Interpersonal Skill	<b>4.0</b>	54
	5. Education and Experience	<b>E3</b>	100
	6. Dexterity and Coordination	<b>4.0</b>	30
<b>Effort</b>	7. Physical Effort	<b>4.0</b>	25
	8. Mental Effort	<b>5.0</b>	100
<b>Responsibility</b>	9. Planning and Coordination	<b>3.0</b>	46
	10. Responsibility for Others	<b>2.0</b>	33
	11. Accountability for Decisions Actions Affecting People, Assets, and Information	<b>4.0</b>	93
<b>Working Conditions</b>	12. Physical Environment	<b>2.0</b>	10
	13. Psychological Environment	<b>2.0</b>	10
	14. Health and Safety	<b>2.0</b>	16