

What Motivates Me?

Motivators are your drivers and if you uncover your motivators you'll know what energizes you. What better way to find purpose and happiness in your career!

Check the motivators that are important to you. Add others if necessary. Review your list of motivators and identify no more than three non-negotiable needs that will drive work-related decisions.

- Performing work that contributes to the good of the McMaster community and society
- Helping or caring for individuals and adding value to their lives
- Having bottom-line accountability and being responsible for results
- Working in a competitive environment, having a chance to win at something
- Having stability and security at work through a structured environment
- Having an opportunity to bring change to an organization
- Having an opportunity to preserve tradition and protect proven processes
- Defining your own work schedule, having flexibility and autonomy
- Mentoring or training other individuals either formally or informally
- Managing a group of people, building an effective team, being a leader
- Having the freedom from management responsibilities
- Being acknowledged as an expert in a technique, field or specialty
- Developing a strong industry profile and gaining the recognition of peers
- Working for an organization that is recognized as best-in-class
- Having opportunities to travel or work outside the office
- Having direct contact with people outside the organization such as customers and suppliers
- Using and developing presentation skills by speaking to small and large groups
- Having lots of contact with people during the day
- Having plenty of time alone to think, write or work on a task
- Working with colleagues who are experts in their field
- Being part of a closely knit team where challenges, opportunities and credit are shared
- Being part of a cross-functional team that touches every part of the organization
- Working with a group who enjoy social activities and have fun together
- Having clear step-by-step direction and supervision
- Solving new and complex problems that challenge your thinking and use your skills
- Being responsible for implementation of ideas created by others
- Exercising your creativity to develop new ideas, solutions and products
- Enjoying variety and regular change in the mandate or job content
- Having a stable, predictable routine month after month
- Enjoying access to the latest technology
- Being offered opportunities for further training and development
- Being offered potential for career advancement
- Working in a dynamic environment with a demanding schedule
- Work / life balance

