

March 2019

McMaster's Workplace Wellbeing Newsletter focuses on the promotion of health, safety and wellness. Inquiries and feedback about any of the information in this newsletter may be sent to ehss@mcmaster.ca. This newsletter can also be provided in an accessible format upon request.

Workplace
Wellbeing
e-Newsletter



Environmental and Occupational Health Support Services (EOHSS)

A team of health, safety & risk management specialists committed to supporting the University's commitment to creativity, innovation and excellence, and strives to achieve these standards in the areas of environmental and occupational health, safety, loss prevention and mitigation.

Employee Health Support Services (EHS)

A team that provides programs & services to help employees lead healthier lives, in and out of the workplace. We are committed to supporting employees in a healthy & safe return to work following an injury or illness, facilitating workplace accommodations & fostering healthy work environments.

Organizational Development

A team that offers a supportive working environment through strong employee engagement, employee recognition & wellness. We also encourage individuals to enhance their personal and professional growth by recognizing that our employees and partners are our most valuable assets.

WHMIS 2015 - Amendments to the Regulation

Labeling requirements of the **WHMIS 2015** legislation have recently been amended to allow for a workplace label to be used on chemicals containing a WHMIS 1988 supplier label. The following labels will be widely available across campus shortly. More information coming soon. **Please note the difference.**

McMaster Workplace Label for WHMIS 1988 Supplier Label Containers

<p>PRODUCT NAME: <i>See supplier label</i></p> <p>SAFE HANDLING:</p> <p><i>Applicable PPE must be worn when working with hazardous materials</i></p> <p><small>REFER TO SECTION 8 ON THE SDS AND APPLICABLE PROCEDURES</small></p> <p>REFER TO SAFETY DATA SHEET</p>

Note: No additional information is required on this label.

This label is to be used on all supplier containers currently displaying a WHMIS 1988 label. It should be affixed to the container beside the supplier label and the WHMIS 1988 pictograms should be defaced.

McMaster Workplace Label for Decanting

Note: Product name must be filled in by users.

<p>Secondary Container Label</p> <p>PRODUCT NAME: _____</p> <p>SAFE HANDLING:</p> <p><i>Applicable PPE must be worn when working with hazardous materials</i></p> <p><small>REFER TO SECTION 8 ON THE SDS AND APPLICABLE PROCEDURES</small></p> <p>REFER TO SAFETY DATA SHEET</p>
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This label is to be used on secondary containers when chemicals are decanted from their original WHMIS supplier container.

Users of WHMIS controlled products are expected to affix these labels to their products as they are used. Assistance with labeling will also be provided by EOHSS in the Faculties of Science & Engineering as implementation of the University-wide chemical inventory program continues. For Faculty of Health Sciences please contact Janet Mannella at mannelaj@mcmaster.ca.

Don't Let Winter Get You Down

**Slow down and take your time when
walking on campus**

**Use only paths and sidewalks that have
been cleared**

**Wear appropriate footwear with good
traction**

**Report snowy/icy conditions to Facility
Services at x24740 or Security Services
at x24281 (after hours)**

Environmental and Occupational Health Support Services
eoHSS@mcmaster.ca





Save the Date for Safety and Health Week (formerly NAOSH Week)

EOHSS is proud to announce another exciting week of events for Safety & Health Week 2019, previously known as North American Occupational Safety & Health Week (NAOSH). EOHSS will be offering health and safety presentations, webinars and our annual BBQ and Vendor Fair throughout the week in recognition of Safety & Health Week. These events will be taking place from **May 6th to 10th**.



McMaster Health and Safety Award of Excellence

The **McMaster Health and Safety Award of Excellence** is presented to a person or group from our McMaster community who has done an outstanding job of promoting health and safety in the workplace. The award will be presented at the **Barbeque and Vendor Fair on May 8th**. More information regarding nomination criteria and how to nominate a member of the McMaster community is available on our [website](#). Nominations open **March 7, 2019**.

Safety and Health Week Video Competition “We are all Leaders in Safety”

Last year, **Environmental & Occupational Health Support Services (EOHSS)** hosted a campus-wide poster contest as part of **North American Occupational Safety & Health (NAOSH)** week. This year, we are excited to announce that we are increasing the level of creativity with the launch of a video contest for **NAOSH week** which is now known as **Safety & Health Week**.

All members of the McMaster community are invited to create a brief, 2-3 minute video presentation that highlights a risk-related topic within their specific work environment or on campus in general. You may wish to incorporate this year’s McMaster theme, **‘We are all Leaders in Safety’**. Videos will be judged on creativity, message content and quality. All submissions will be posted on the EOHSS website and the winning video will be presented during the May 8th Barbecue & Vendor Fair at McMaster’s 2019 Safety and Health Week. **Submissions are due by Monday, April 29th 2019**. The contest will also include the awarding of monetary prizes. We look forward to your participation.

Lab Safety Connections

The **Environmental and Occupational Health Support Services (EOHSS)** team will be conducting random, campus-wide lab safety connections to provide an opportunity for lab users to be recognized for **good practices** as well as giving rise to **opportunities for improvement**. The goal is to connect with lab supervisors to either conduct a joint review of their lab space or to share the post-review results. If you have any questions or are interested in proactively scheduling a connection, please contact us today.



Homewood Health provides **McMaster Employee and Family Assistance Program** which is a professional service that offers counselling, coaching, information and support for all issues relating to:

- Mental Health
- Career
- Life Balance
- Health Management, and
- Achieving greater personal well-being.

Contact Homewood Health

1-800-663-1142

<https://homeweb.ca/>

Risk Management Manual Programs

The following RMM Programs have been updated and approved by Senior Management:

RMM 317 Machine Shop Safety Program
RMM 504 Compressed and Liquified Gases Program
RMM 100 Workplace and Environmental Health and Safety Policy

For a full listing of RMMs, please visit: www.workingatmcmaster.ca/rmm

Additional information:

[Policy on the Use of University Facilities for Non-Academic Purposes](#)



For the latest safety tools, resources and updates, follow us on Twitter and find us on Facebook @McMasterSafety.