

About Homewood Health E-Learning

Objectives

Homewood Health e-Learning courses are online events that help you meet the learning needs of employees, family members and dependants, supervisors, and other key personnel.

About the courses

Our courses are divided into two types:

1. Improving personal well-being and life skills effectiveness, and
2. Improving work skills and workplace effectiveness.

Our topics are carefully selected after research of industry trends and dialogue with our customers. Each e-Learning course presents practical, step-by-step lessons and activities that guide learners to change their thinking, feelings, and ultimately, their behaviour.

Each course is authored by our own subject experts using evidence-based research and best practice guidelines. Many of the courses are based on strategies that have been evaluated and implemented by some of the largest organizations in North America.

Technical requirements and course features

Key to the success of any online behaviour change or learning effort is accessibility, usability, and useful information. Our courses are designed to be easily navigated by even the most novice computer user, using standard media viewers (e.g. the Flash player and Acrobat PDF Reader) and all of the information is presented in a fresh, engaging fashion. Transcripts are available for all course content for learners requiring hearing assistance or computers with no audio capabilities.

All courses feature an online presentation of learning concepts (a combination of text, audio, and/or video). Other online activities include: step-by-step action planning (using keyboard input from the learner to personalize the action steps) and tests of knowledge and understanding.

All courses are accompanied by comprehensive self-guided workbooks featuring an extensive depth of information and practical behaviour-change strategies. These workbooks are contained in the "Course Materials" section of each course, and can be printed for reading and completing offline.

Some courses also feature audio files that can be downloaded for personal use offline (e.g. MP3 audio recordings of relaxation strategies).

A course certificate can be printed, personalized with the learner's name, following successful completion of a course knowledge quiz (80% pass rate required).

Course eligibility and enrollment

Course eligibility is determined at the time of enrollment by visiting our website and entering the Member Services area: www.homewoodhealth.com.

Information about course eligibility can also be obtained by calling our Assistance Program Support Specialists through our 24 hour, 7 days a week Client Services Centre.