

Preparing for Your Retirement



What plans have you made for your new chapter in life?

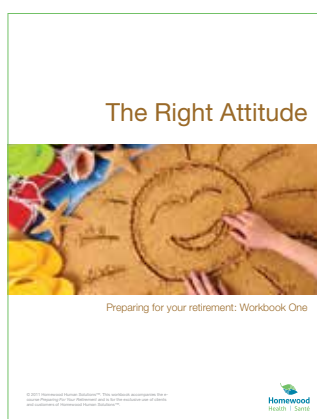
For most of us, retirement presents a new chapter in life—a time to shift gears and create new experiences. However, retirement presents some very real psychological and emotional challenges. With advance planning and discussion with a spouse, partner, or friend, you can make your transition to this new chapter of your life both smooth and rewarding.

Course Contents

- What will you do to stay physically active in your later years?
- How will you remain connected to friends and family?
- What impacts will the transition away from full-time employment have on your day-to-day interactions with your spouse or partner?

Additional Features

- Self-guided workbooks for completing offline.
- Resources for continued learning.
- Course certificate can be printed following successful completion of course learning quiz.



Estimated time to complete this course is 2 hours (60 minutes online; 60 minutes of printed workbook material).

ENROLL NOW!

Enrollment may be covered by your benefit plan employee assistance services. Our website will help you determine this. To register, learn more about this course or learn about other courses we offer, visit Member Services at www.homewoodhealth.com.