

News to Use

Health



Flu Shot Clinics for Employees Working on Campus

Free Flu shot clinics are available by appointment for McMaster employees who are currently working on campus. The clinics will be held **November 17 and 18** from **8:30am-4:30pm** in CIBC Hall (3rd Floor MUSC).

For additional information or to book your appointment, visit:

<https://hr.mcmaster.ca/flu>

Well-being



Bring a Professional Chef Home — Virtually

McMaster employees can now tune into Mc"Master" Class, a series of 6 online cooking classes, to learn the finer points of fine cooking from McMaster's very own executive chef, Paul Hoag.

The videos are available to all McMaster employees, at any time.

Visit the following webpage for more details and to access the videos:

<http://hr.mcmaster.ca/mcmasterclass>



Participate

November is Canada Career Month and National Financial Literacy Month

Participate in free upcoming webinars focussed on empowering your career journey and financial literacy.

Visit the following webpage for more details and registration information.

<https://hr.mcmaster.ca/events>



Did you Know?

Diwali is **November 14, 2020**. The Hindu, Jain and Sikh five-day festival of lights celebrates new beginnings and the triumph of good over evil and lightness over darkness.

Happy Diwali to all who are celebrating!

